



On-Site & Off-Site
Counselling & Support



7 days a week
between 9am and 9pm



Face to Face, Telephone,
Zoom & Skype
counselling



Counselling at our offices
or at your workplace



Our female & male
counsellors are accredited,
experienced & supportive

We Are Members Of:



EAP Counselling

1st Floor, 213 Greenhill Road,
Eastwood SA 5063
(08) 8237 0509



Adelaide
Counselling
Practice

(08) 8237 0509

adelaidecounsellingpractice.com.au



Who Are We?

Adelaide Counselling Practice was founded in 2007 and we are an Adelaide based & owned company.

Our team consists of accredited, registered counsellors & psychotherapists who are members of the Australian Counselling Association and PACFA. They are fully insured.

We provide best practice and high-quality counselling services to individuals, couples, families, and organisations in South Australia, 7 days a week between 9am and 9pm.

We do Face to Face counselling at our offices at 213 Greenhill Road, Eastwood, onsite at your offices, at the employee's residence or we can do counselling via Telephone, Skype & Zoom.

Our purpose and priority are to make a positive difference in people's lives and to help them improve their mental health and overall well-being.

Why EAP?

- A mentally stronger, more harmonious, and healthier workforce.
- Reduced costs due to less employee absenteeism.
- A more productive and happier workforce.
- Improved relationships between staff members and management.
- Improved retention of employees.
- Prevention and reduction of incidents.
- Enhance employees' overall well-being and resilience.

What We Do

- Critical Incident & Trauma counselling & support
- Onsite counselling & support
- Conflict Resolution counselling & support
- Restructuring & Redundancies counselling & support
- Change Management counselling & support
- Career Counselling
- Workplace Behaviours Coaching
- Bullying counselling & support
- And more...

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